

milkteds

MADE WITH MILK



EVERYDAY



MATERNITY



TRAVEL



SPORT



OUTDOOR



RECOVERY

Dear Customer

Hello, and welcome on becoming a member of the growing fan base of milkteds' experience. We hope this product exceeds your expectations in fashionable style, intelligent technology and health promoting functions in ultimate compression wear.

The Milkteds Concept

There is often a perception of 'medicated' attached to compression wear, and a sense of obligation of 'have to use them on occasions' rather than the desire to 'want to use them daily'. Some compression products feel unnatural, sweaty, itchy, difficult to put on and wear all day long. The Milkteds concept was created to bring about products with a difference, for the discerning consumer; that confer a sense of well-being, as well as looking great. Milkteds were born in the UK and made to the highest standards in Italy, to give you exceptional quality materials, innovation in design and comfort in luxury. We use a yarn mix made from milk protein, (yes, it is drinking milk!) to create products in a range of colours, with a soft natural feel. Milkteds can be worn daily as an everyday item or for a particular purpose such as sports, maternity, outdoor, travel or recovery.

Our products function 'silently' in the background using the science of graduated compression as they work their magic to prevent and revive tired legs and achy feet. Our hosiery and shape wear work with your body for a slimmer, toned and supported silhouette appearance, with no compromise on comfort, easy to put on and wear for long periods. Milkteds range includes socks, open toe socks, footless socks, calf support, tights, leggings and shape wear. Please visit us at www.milkteds.com to view the full range. Some unique features include: Patent pending technology · Stay-Put non-constricting cuff or waist band · Moisture wicking & breathable fibre mix to keep you fresh · Anti-blister, multi-zonal padded cushioning, and ankle support system · Graduated compression to aid circulation · Shape retaining · Seamless & reinforced hand-linked toes · Reinforced heel · Soft flat seams · Comfort gusset · Stretchable, comfort panel for support in maternity · Three dimensional (3D) knit design micro massage.

Our Eco-Friendly Milk Yarn

Milk fibre was granted the International Ecological Textile Oeko-Tex Standard 100 Authentication in April 2004 and contains amino acids beneficial to health. Other properties include: Natural humectant factor; skin nourishing and silky smooth · Sanitising, antibacterial and antifungal · Hygroscopic; absorbs moisture · Glossy and luxurious in appearance, feel and comfort · Durable.

Size chart and labelling

Knitted on the inside of the top band/cuff, or waist, is the following information: Size (refer to size charts printed on the inner box for correct size measurement) · Right or Left Foot due to unique positioning of features (socks only) · Compression factor in millimetres of mercury (mm Hg)- excludes shape wear. Measurements are used as a guide for approximate size. Exact compression cannot be given due to varying ankle/calf/thigh circumference and leg length.

Wash & Care Instructions

You can machine wash regularly, using no higher than a 30° gentle wash cycle and mild detergent. Avoid fabric conditioners as they may wear down fibres. Do not bleach, iron or dry-clean. Suitable for a low heat tumble dryer. To maximise lifespan, use a wash bag, and always turn the product inside out prior to washing. Ideally, compression products should be replaced after three months of regular use & six months of occasional use to maintain correct level of compression.

Wear Instructions

milkteds® hosiery are easier to put on compared to other garments with a similar degree of compression as no special devices or gloves are required. Even though, our socks, calf support, tights and leggings are graduated in their fit, you are still able to ease your foot through the leg. In order to avoid over constriction at the knee, sock/calf support should be worn below the level of the knee. If slightly long, gently smooth downwards below the knee and adjust to your lower leg length, trying to avoid any folds or creases along its entire length. For tights and leggings, avoid folds or creases along the main compression zone, which starts at the ankle and gradually diminishes towards the thigh. Use the palm of your hands to smooth out any wrinkles.

Compression hosiery is not recommended in the following circumstances:

Contraindications: Individuals suffering from: Cellulitis, septic phlebitis, phlegmasia coerulea dolens, suspected or proven peripheral arterial occlusive disease, cardiac failure (decompensated heart diseases), diabetics with peripheral arterial disease or peripheral neuropathy, peripheral arterial bypass grafting, gangrene, peripheral neuropathy or other causes of sensory impairment.

Relative Contraindications:

Mild phlebitis, rheumatoid arthritis, any local conditions in which stockings may cause damage, for example fragile 'tissue paper' skin, dermatitis or other concomitant dermatoses, recent skin graft, and allergy to natural protein fibres or any of the other materials used in the manufacture (as listed in the composition of this product).

Disclaimer – The information contained in the above paragraphs with regards to contraindications is only a guide and not intended as clinical advice. If you are unsure or worried about the suitability of wearing products with compression please seek physician's advice. Milkthreads Ltd does not assume liability as a result of any inappropriate or contraindicated use of this product.

Special Note:

If you notice skin irritation or pain during the wear of this product please remove the product immediately, and if the symptoms persist, please seek medical advice.

milkteds

COMPRESSION WEAR MADE
WITH MILK PROTEIN FOR
COMFORT, STYLE & PERFORMANCE



www.milkteds.com